

BRISTOL ELEMENTARY SCHOOL

2025-26 SESSION 4

APRIL 13-17 AND

APRIL 27-JUNE 5

ELP offers fun and educational workshops after school for all BES Students

Register for workshops at
[Bristol ELP Workshops Session 4](#)

Contact a BES ELP Site Director
with questions at
meg.greenleaf@mausd.org
amy.chesley@mausd.org

WORKSHOPS

NextGen Pickleball Club

Mondays & Thursdays

Grades 2-6

with Jacob Zubow



Get ready to move, play, and have a blast with pickleball! Whether you're just starting out or already know the basics, this workshop is all about fun and improving your skills. We'll practice serving, returning, positioning, scoring, and more through games and challenges that keep everyone active and engaged. Come ready to learn, laugh, and play!

Hello! My name is Jake Zubow, and I'm the school nurse at BES. I'm excited to be joining ELP and look forward to helping students stay active, engaged, and having fun. I grew up in Wisconsin, attended Luther College in Iowa, and came to Vermont through a travel nursing position in Middlebury. I've always loved sports, including soccer, tennis, basketball, football, golf, rugby, baseball, and martial arts, and I won a national championship in Ju-Jitsu in 2002. I also enjoy creative work like music, 3D design, pottery, woodworking, and painting, and I'm interested in sharing some of these activities with students through workshops.

Typical Schedule for workshop days:

3:00-3:30 Welcome/Circle, Movement & Snack

3:30-5:00 Workshops

5:00-5:30 Gathering and Parent Pick Up

Our workshop leaders design the workshop experiences just for ELP students. Please sign up only if your child is interested, will be at ELP that day, and can stay for the whole workshop.

Thanks for helping us make these opportunities meaningful!

MAUSD

VERMONT

STARS



Exploring Nature and Creating Art



Tuesdays Grades 4-6
with Sarah Scrodin
& Andrea Murnane

Join us for a weekly blend of exploration and creative expression in the great outdoors. Each session invites you to hike local trails, immerse yourself in the natural landscape, and spark your creativity through hands-on activities. Create artwork in the woods, write poetry or journal reflections, sketch what you see, or build rock cairns inspired by your surroundings.

Whether you're looking to connect with nature, express yourself artistically, or simply enjoy fresh air and good company, this workshop offers a welcoming space to explore, create, and discover the beauty all around you.

Hello ELP Families! My name is Sarah Scrodin. Currently I'm a literacy interventionist at Bristol Elementary School, where I have taught for 27 years. I am so fortunate to not only work in this wonderful town but I also reside in Bristol. Obviously I love working, learning and creating with children but I also enjoy hiking, traveling and being with my own family. I get to enjoy life with both of those worlds. I look forward to being a part of this incredible ELP program and bringing enrichment opportunities to your children.

Hey. My name is Andrea Murnane, I teach 2nd grade here at BES. I've been teaching here for over 20 years. When I'm not in my classroom I am usually outside enjoying nature. I love to hike, bike, x-c ski and snowshoe. I also love to read and hang out with my German Shepherd, Huck. Come check out my workshop and have some fun.

Forest Friends with Kristen

Thursdays Grades K-1

with Kristin Kallem



Join Ms. Kristen, BES' own 1st-grade teacher, for an afternoon of fresh air, exploration, and play in the forest! In this workshop, students will dive into the joys of the outdoors—running games, nature-based activities, team challenges, and plenty of time to simply enjoy being outside. From climbing and building to creative play and discovery, every week will be filled with energy, laughter, and adventure.

Ms. Kristen can't wait to share her love of the outdoors and help kids build friendships, confidence, and a deeper appreciation for nature, all while having a blast!

Kristen Kallem is a first grade teacher at BES who is passionate about creating connection, community, and joy. When she's not teaching you'll find her cooking yummy meals, reading on her porch, seeing live music, and spending time with loved ones. Kristen believes children can build a strong sense of love and empathy through building a relationship with nature. She is excited to shared her love of the forest with the ELP community!

Community Sailing Center Sailing Field Trip

ELP will be taking an all-district field trip to the Lake Champlain Community Sailing Center Floating Classroom on our May 6th Early Release Day. Participants in grades 3-6 can take part in a two-hour sailing program on Lake Champlain, where they split their time between hands-on STEM activities on land and sailing on keelboats with an instructor. Space is limited so be sure to let your site director know if you are interested!



community sailing center
lake champlain : burlington vermont

Green Mountain Riders (Bristol Edition)

Mondays Grades 3-6
with Cathy Smith



Having fun outside on a bike is a great way to revive after a day of sitting in class. This workshop will take you on a fun, history-oriented bike ride around Bristol Village. We will see interesting, historical places and get a greater appreciation for where we live, while improving our bike skills and getting great exercise. We will prepare by learning bike safety so we can explore Bristol streets. We will work with all skill levels and experience, so don't be afraid to join us, even if you are somewhat new to biking. Get into shape for summer and enjoy springtime with young people like you. What you will need: a bike, a helmet, sneakers, a water bottle, and an adventurous attitude.

Cathy Smith is a veteran cyclist who has ridden many 100-mile "century" rides around the country. After 33 years of teaching at Bristol Elementary School, she enjoys biking and having fun with students. A resident of Addison County, she knows lots of fun things to see in Bristol Village. Come join us!



Exploring Sashiko Fridays Grades 3-6 with Kathryn Lowther

Sashiko is a traditional Japanese stitching technique that blends history, art, and practical skills. Students will explore its origins, how it was used to strengthen and repair clothing, and how it is used today in modern design and sustainable fashion.

Students will practice geometric Sashiko patterns on paper before learning to stitch them into fabric using traditional tools such as Sashiko thread, needles, and palm thimbles. They will then apply their skills to create boro-style patches and visible repairs, giving new life to fabric items while learning about creativity and sustainability.

Kathryn is a mom of two young boys who both believe that her super-power is sewing. Having had some incredible sewing mentors in her own life, she is committed to passing along these skills to the next generation. Kathryn believes that sewing is useful and relevant in a modern era yet it is also a form of time travel that connects us with a rich history of cultures and people that have sewn before us.



The Stitch Squad 3.0

Wednesdays Grades 2-3
with Amanda Smith

Stitch Squad 3.0. We're headed out into nature to put our weaving, stitching, and design skills to work. We'll be gathering natural materials to utilize and elevate our fiber arts. We'll experiment with all the fun colors, and observe how they pop out in the natural world. Grapevines, sticks, beautiful threads, all the fresh air and sunshine!

Hello, ELP families. I'm Amanda Lee Smith, a longtime quilter and Bristol dweller. I have 2 BES kids, and I am new to ELP. I enjoy gardening, hiking, and paddleboarding in the warmer months. I love sewing and crafting with fabric and thread in the colder seasons. Creating practical, functional, and sometimes wearable art. I'm looking forward to sharing these skills with your creativity.